

WHAT WE WANT KIDS TO KNOW

Kindness is being helpful because God loves us.

David and Mephibosheth
2 Samuel 9:1-13

LINKS FOR THIS WEEK

[普通话 Family Guide](#)

Resources to help your kids understand more about the Fruit of the Spirit:

[Maybe God is Like That Too](#)
by Jennifer Grant

[Developing the Fruit of the Spirit in Your Child](#), on Youversion

Questions? Email us
kids@blackhawkchurch.org

Spotify Playlists
[Preschool](#) | [Elementary](#) | [56](#)

[View today's lesson now](#)
[View Preschool video of today's lesson](#)

BIBLE PASSAGE

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Galatians 5:22-23

FOR THE VIDEO

- Gather your family. Open your favorite Bible or Bible app. Have each person share about a promise they've made.
- Pause the video as needed! Ask questions. Share stories.

AFTER THE VIDEO

Talk about these questions with your family:

1. What promise did David make to his friend Jonathan?
2. How did David show kindness towards Mephibosheth?
3. Do you find it hard or easy to show kindness? Why?
4. What's an act of kindness you can do today with your family?

ACTIVITIES FOR THIS WEEK:

- **Mail A Hug:** Trace both of your child's hands onto a piece of paper. Cut out the handprints and have your child color and decorate them. Measure a piece of yarn that fits around the child's upper body. Put the yarn between each handprint and attach. Mail this special hug to someone who needs a bit of kindness this week.
- **Kindness Rocks:** Collect a few flat rocks from your yard. Paint, color, and decorate the rocks in a way that will make others smile. Consider writing kind messages on the rocks for others to see while walking. Place the rocks around your neighborhood to show kindness to friends and neighbors.
- **Hello In Many Languages:** Take time as a family to learn how to say "Hello" in a variety of languages. Print and use this [list](#) to help you! Go for a walk and practice kindness by smiling and saying a "Hello" or "Bonjour" to everyone you meet.
- **Fruit of the Spirit Mobile:** Continue making your Fruit of the Spirit mobile today by printing this [KINDNESS image](#), if you haven't already done so. Cut out the image and then hang it from your mobile with string. We'll add another Fruit of the Spirit image next week. Please find links to previous images in the Family Guides for those weeks.
- **56 Students-Digging deeper:** The Fruit of the Spirit "love" is showing others that we care for them through our actions. Think about how "love" and "kindness" are similar. Think of a way you can show both love and kindness this week.
- Stay connected through the [Blackhawk Kids Facebook](#) and [Instagram](#) pages. Join the private [Friends of BKids Facebook Group](#) for more connection with BKids volunteers and families.

PRAY

Use this [Fruit of the Spirit Prayer Guide](#) for ideas on how to pray about kindness this week!