



Rethinking Joy

July 10, 2022

Reflect + Discuss

- On average, would you say you find joy in your work? Why or why not?
- Read Colossians 3:23-24. What stands out to you from the text? What questions do you have?
- If someone asked you what your purpose at work was, how would you respond? How do you image God and reflect His character through your work?
- What is the connection between taking ownership of our work and having a sense of creativity? What is one way you can be creative in your work this week?
- Have you ever experienced a time when someone you worked with was faithfully present for you? What impact did their actions have on you?
- How do you feel knowing that God is pleased with and proud of you when you do your work with love for Him?
- Think back on the various aspects of work that we discussed during this series: the connection between faith and work; the importance of rest; finding our identity in God rather than our work; and finding joy in our work. Which of these areas do you feel most compelled to grow in? What is something you can do this next month to grow in that area?

Pray

- Ask God for discernment about how to image Him well in your work. Reflect on the fact that God delights in our work when we do it for Him and offer a prayer of thanks.

Next Steps

- It can be hard to reimagine our work but someone with an outside perspective may be able to help. Consider asking a friend or mentor to help you brainstorm different ways to find meaning and purpose, foster a sense of creativity, & practice faithful presence in your work. Use this conversation to form some next steps that you can take to image God as you work.
- Check out the current series page on the [Resource & Tools page](#) of the website for some resources for taking your next step!
- Check out this upcoming [work and faith event](#) at Upper House on July 27-28.