



Philippians | Joy in All Circumstances 10/8/2023

Reflect + Discuss

- What is an example of something you could talk endlessly about and never tire of it?
- Read Philippians 1:12-14. Paul describes his difficult circumstances as opportunity for the advancement of the gospel. Are there areas of your life that you are mission minded? How can we be mission minded as we go through difficult situations?
- Read Philippians 1:21-26. What does Paul mean when he says, 'to live is Christ, and to die is gain'? How is he able to view death as gain? How can this perspective help us as we endure difficult times?
- Read Galatians 2:20. Paul found great joy to know that Christ was living in him. How can this reality change the way we live? What is the significance that Christ is living in us?
- Is there anyone in your life who you have seen transformed through suffering? Have you ever been through a season of suffering that led to your own transformation? If you are comfortable, share your experience.
- Consider those in your life who are suffering. How we can help each other focus on Christ during our suffering, without dismissing or trivializing the real pain and cost? What are some practices or rhythms that can help us to recenter our hearts and minds on Jesus? (Being in community, worshipping together, memorizing scripture, etc.).

Pray

- Pray that God will help us to grasp the reality that Christ is alive in us. Pray that he will increase our joy as we dwell on this truth. Pray for those you know who are currently suffering and ask God to give you wisdom to love them well.

Next Steps

- Invest time in memorizing Paul's prayer, which is Philippians 1:9-11. Make a plan to memorize these verses on your own, or with your group.
- Check out the [resources page](#) for links to several Bible reading plans and other helpful tools. Explore other opportunities for growth and transformation by checking out [courses](#) for the fall.