



3/1/2026 | Disappointment With God

Reflect + Discuss

- Can you think of a time when something exceeded your expectations in a massive way?
- Read Exodus 5:1-3. What is Moses's posture in these verses? Where is he finding his strength?
- Read Exodus 5:4-19. Pharaoh responds to Moses's request by removing the straw but keeping the brick quota. What does this tell us about Pharaoh's heart toward God's people? When someone rejects God's authority, why is the next step often to mistreat others?
- Moses was "obeying God," yet things got significantly worse. How does this story dismantle the idea that faithfulness leads to an easier life?
- Read Exodus 5:20-23. What is happening in these verses? What is taking place in Moses's heart?
- Read 1 Peter 4:12-13. Why does Peter tell us *not* to be surprised by "fiery trials"? How does this challenge our "unspoken contract" that following God leads to relief?
- Our unspoken contract with God silently makes demands and expectations of God we often never admit. How do unspoken contracts lead to unmet expectations that can cause uprooted faith and anger towards God? Can you think of something you may silently expect from God that he never actually promised in Scripture?
- Read Psalm 13:1-4. What does David model for us regarding how we can take our "unmet expectations" directly to God? Is it possible to be both deeply frustrated with your circumstances and deeply committed to God at the same time? What has God taught you through experiences or seasons of disappointment in life?
- Read Psalm 13:5-6. How does David transition from "*How long, Lord?*" to "*I will sing to the Lord*"? Is there an area of your life where you are struggling with unmet expectations? How can we support one another in the week ahead?

Pray

Pray that we may grow in understanding how deeply loved we are by God. Pray that we may grow in recognizing who God is and that we may focus our attention on Him, instead of ourselves. As we continue to reflect on this message, pray that we would be transformed more into the image of Jesus.

Next Steps

Check out the [resources page](#) for links to several Bible reading plans and other helpful tools. Explore other opportunities for growth and transformation by checking out [courses](#).