



3/22/2026 | Covenant: God and His People

### Reflect + Discuss

- If you had to choose between the fastest route or the scenic route, which one would you choose?
- Read Exodus 13:17-18 & Exodus 13:20-22. Instead of taking Israel on the short, obvious road, God leads the Israelites on a longer route through the wilderness. Why does God do this? Have you ever felt like God was leading you the “wrong” way or the “long” way?
- Read Exodus 14:1-4. What’s happening in these verses? What does God want to see happen?
- Read Exodus 14:10-12. Why do you think the Israelites are blaming Moses?
- Read Exodus 14:13-14. Most of us are conditioned to “do” something when we face a crisis. Why is “being still” often the hardest command to obey? What does “being still” look like for you this week?
- Read Exodus 14:15-31. This is the day Israel was saved. What is the significance of Israel being saved “through the sea”? What can we learn from this story about the power of God and our identity in Christ?
- Jesus was buried. Jesus rose from the dead. When someone is baptized, they are above the water – buried in the water – and raised to walk a new life. How does water represent judgment and how does coming out of the water represent new life?
- We may have different next steps in light of this message: 1) Take the next step to be baptized and 2) Respond by thanking God for saving us. Is anyone thinking about being baptized? How can we become more intentional about thanking God for saving us?

### Pray

Pray that we may grow in understanding how deeply loved we are by an all-powerful God. Pray that we may grow in recognizing who God is and that we may sense the next step God is calling us to in our journey. As we continue to reflect on this message, pray that we would be transformed more into the image of Jesus.

### Next Steps

Check out the [resources page](#) for links to several Bible reading plans and other helpful tools. Explore other opportunities for growth and transformation by checking out [courses](#).