



3/29/2026 | Covenant: God and His People

Reflect + Discuss

- Have you ever committed to something only to realize that it was much harder than you expected? What was that like for you?
- Read Exodus 19:3-6. God describes Israel as His “treasured possession.” What does that reveal about how God views His people? What stands out to you about the intimacy God offers Israel in the covenant relationship? What role is Israel to play for the world?
- Read Jeremiah 31:32. One way to understand covenant is this: it takes people who are not family and makes them family. How would you define covenant in your own words? How is the ancient understanding of covenant different from the way we use the word today – and why does that difference matter?
- Read Exodus 20:18-21. What is the response of the Israelites to the presence of God? What does this response indicate about what Israel wanted from God?
- Read Ephesians 5:31-32. What does this passage reveal about the relationship between Christ and the church? What does that mean for how you see yourself in relation to Christ?
- The God of culture says... 1) God is angry and is out to punish me. 2) God is distant and doesn't care about me. 3) Following Jesus is about following the rules. How does the covenant-making God we see in Scripture challenge each of these ideas?
- The Israelites wanted to know God, but they also kept him at a distance. How does it feel to know that God wants you to be a part of His family? If you are a Christ-follower, how are you doing with this covenant relationship (in terms of your commitment, relationship with Him, and your participation in the family business)? Are there any areas of your life where you may be keeping God at a distance?

Pray

Pray that we may grow in understanding how deeply loved we are by an all-powerful God. Pray that we may grow in recognizing who God is and that we may sense the next step God is calling us to in our journey. As we continue to reflect on this message, pray that we would be transformed more into the image of Jesus.

Next Steps

Check out the [resources page](#) for links to several Bible reading plans and other helpful tools. Explore other opportunities for growth and transformation by checking out [courses](#).