

WAYS TO PRAY WITH KIDS:

- ❖ **Color Prayer:** Let kids pick a color and together thank God for things of that color.
- ❖ **Breath Prayer:** Choose a word or brief phrase to repeat in one breath. For instance: God is (inhale) with me (exhale). -or- God loves me (inhale) no matter what (exhale).
- ❖ **Inside/Outside Prayer:** Think of things inside and outside that kids can pray about.
- ❖ **Creative Prayer:** Write, draw, or paint your prayers. Create something out of clay or playdough that you want to thank God for. Build with blocks and make each block a prayer to God. Share your creations and prayers with each other.
- ❖ **Prayer through Music and Movement:** Sing and dance to worship songs together.
- ❖ **People Prayer:** Think of people your kids want to thank God for.
- ❖ **Prayer Walk:** Go for a walk together and look for things you're thankful to God for.
- ❖ **Song Prayer:** Jesus Taught Us How to Pray (to the tune of "Jesus Loves Me")

*Jesus taught us how to pray,
to God our Father every day;
morning, noon, and night-time too,
we can pray and so can you.
Yes, we can pray! Yes, we can pray!
Yes, we can pray; to God through-out the day.*

- ❖ **Globe/Map Prayer:** Close your eyes, then spin a globe or point at a map to pick a part of the world to pray for. Pray specifically for the people, region, and church there.
- ❖ **Head-to-Toe Prayer:** Have kids point to different parts of their bodies as you pray
 - Toes: Pray that they would walk with God and follow Him.
 - Tummy: Thank God for all He provides, even food!
 - Hands: Pray that God would show them ways to use their hands to help others.
 - Ears: Pray that they would listen to what God wants to teach them.
 - Mouth: Pray that God would give them words to tell others about Him.
 - Eyes: Pray that God would help them see people in their lives that are hurting and show them how they can be kind and loving toward them.
 - Head: Pray that they would know God more and remember His promises.