



## 5/24/2026 | Scripture Reflect + Discuss

- What's one thing you are looking forward to as we head towards summer?
  - Read James 1:22-25. What is the danger that James is warning against?
  - Read Hebrews 4:12. According to this verse, what does it mean that the Bible is "alive" and "active"? What does this have to do with our transformation?
  - Read Psalm 1:1-3. The Hebrew word for meditation (*hāgah*) is like a dog who is chewing for a long time on a bone. What is the difference between reading and really "chewing over" a passage? What does it mean to be like the tree depicted in this Psalm?
  - Read Isaiah 40:8. Isaiah contrasts the temporary things of this world with the eternal Word of God. When you think about your life right now, what temporary worry, distraction, or cultural noise do you tend to 'marinate' in too much? What would it look like to shift that focus and dwell in the eternal Word of God instead?
  - Matt said, *"While the spiritual practices themselves are timeless, our culture changes, and we can benefit from thinking about new ways to experience those timeless practices in the world we live in today."* He named a few resources to consider: YouVersion Bible app, Bible Project app, Lectio 365 app, John Mark Comer's "Practicing the Way" YouTube channel
- What's one practical step you can take this week to marinate more in God's word? Is there an old habit you want to revive in your life, or a new habit you want to begin?
- If you tend to emphasize understanding scripture at the expense of application, how might you slow down and reflect deeply about its implications? If you rush to apply, how might the resources on the HUB help you advance your Bible study skills?

## Pray

Pray that we may grow in understanding how deeply loved we are by an all-powerful God. Pray that we may grow in knowing God deeply as we marinate in His word. As we continue to reflect on this message, pray that we would be transformed more into the image of Jesus.

## Next Steps

Check out the [resources page](#) for links to several Bible reading plans and other helpful tools. Explore other opportunities for growth and transformation by checking out [courses](#).