



**love**

**joy**

**peace**

**patience**



**kindness**

**goodness**

**faithfulness**

**gentleness**

**self-control**

## GROW IN YOUR FAITH THIS SUMMER!

The fruit of the Spirit, found in Galatians 5:22-23, are qualities that reflect God's character. The Holy Spirit grows these in people who follow Jesus! As a family, practice sharing the good fruit growing in you.

### HOW THE CHALLENGE WORKS:

The image inside includes 25 different challenges to help you grow in your faith. Color in the petal once you complete that challenge. Try to complete all 25 this summer!

**Want more challenges?** Draw your own flowers and write new challenges for you and your family. No matter our age, the Holy Spirit is always helping us grow.



### Love

Let all that you do be done in love. – 1 Corinthians 16:14

### Joy

Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds. – James 1:2

### Peace

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. – John 14:27

### Patience

When you hope, be joyful. When you suffer, be patient. When you pray, be faithful. – Romans 12:12

### Kindness

The Lord is righteous in all his ways and kind in all His works. – Psalm 145:17

### Goodness

Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers. – Galatians 6:10

### Faithfulness

Be completely humble and gentle; be patient, bearing with one another in love. – Ephesians 4:2

### Gentleness

Speak evil of no one, avoid quarreling, be gentle, and show perfect courtesy toward all people. – Titus 3:2

### Self-control

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires. – James 1:19-20

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**“BUT THE FRUIT OF THE SPIRIT IS LOVE, JOY, PEACE, PATIENCE, KINDNESS, GOODNESS, FAITHFULNESS, GENTLENESS, AND SELF-CONTROL.”  
GALATIANS 5:22-23**