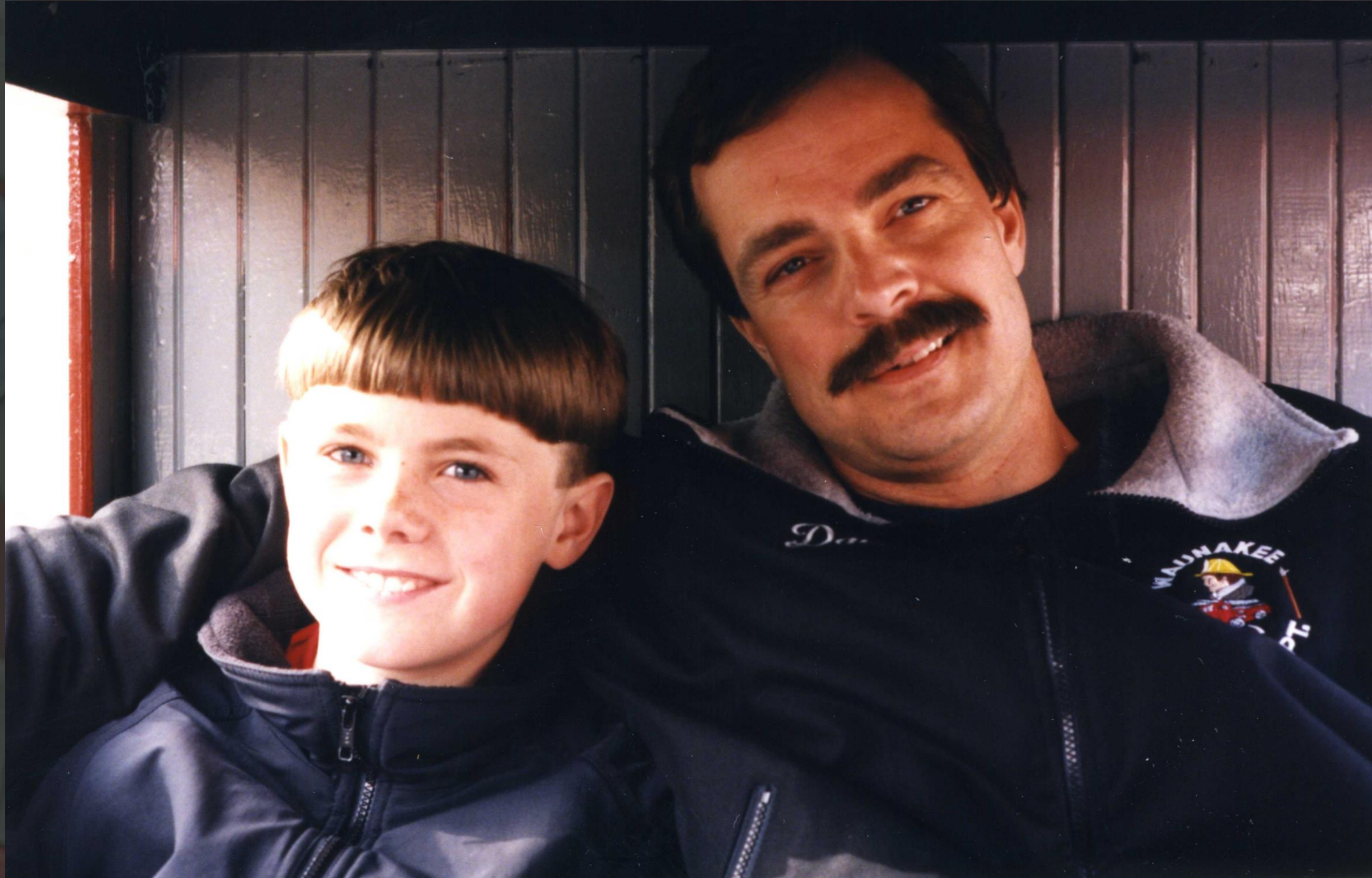


# Making Space







<sup>28</sup> “Come to me, all you who are weary and burdened, and I will give you rest. <sup>29</sup> Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy and my burden is light.”

Matthew 11:28-30 (NIV)







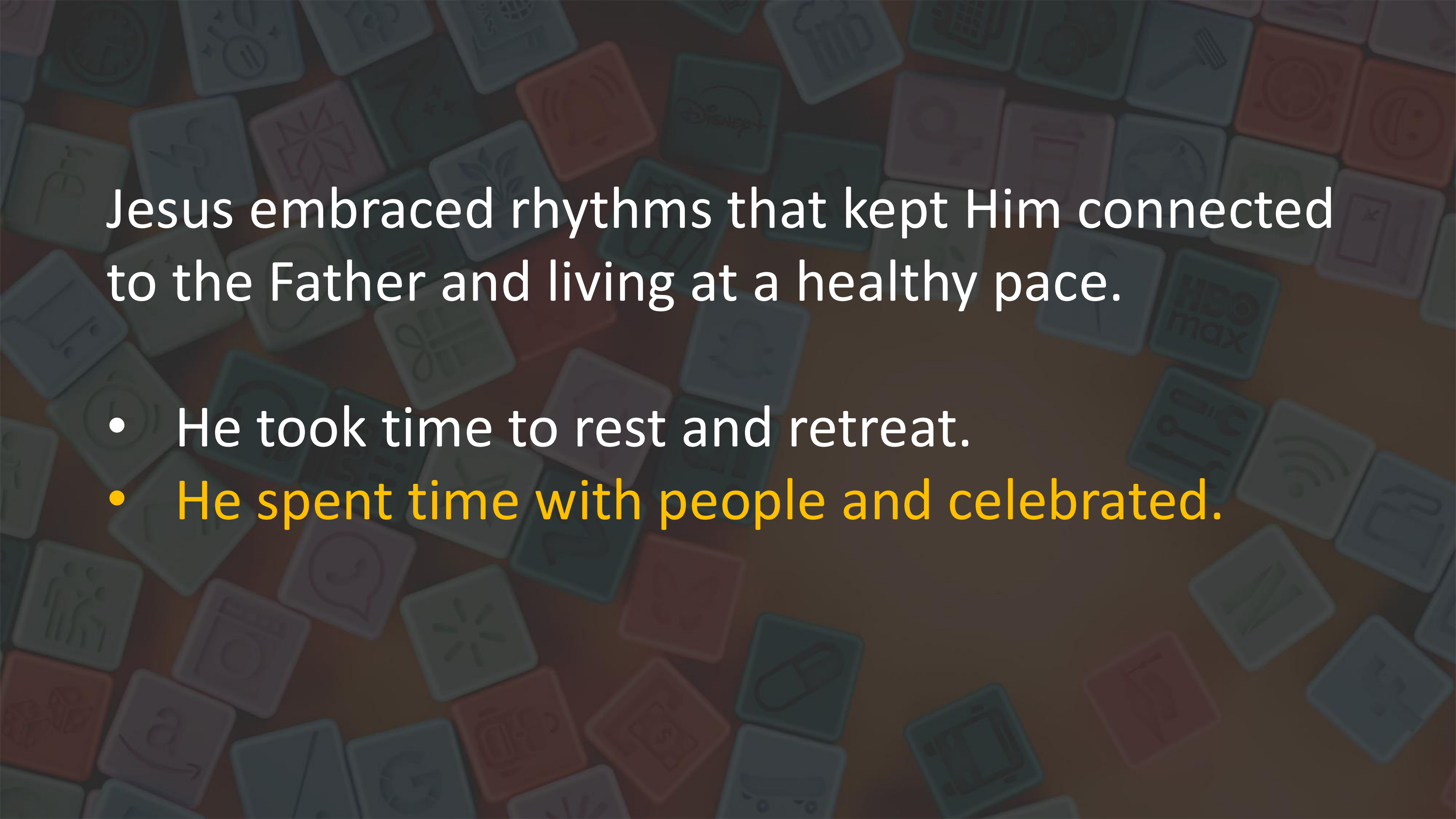
Jesus embraced rhythms that kept Him connected to the Father and living at a healthy pace.

- He took time to rest and retreat.

<sup>24</sup> Suddenly a furious storm came up on the lake, so that the waves swept over the boat. **But Jesus was sleeping.**

Matthew 8:24 (NIV)



The background of the slide is a close-up, slightly blurred view of a computer keyboard. The keys are in various colors, including shades of blue, purple, and red. The lighting is soft, creating a warm and textured appearance. The text is overlaid on this background in a clean, white, sans-serif font.

Jesus embraced rhythms that kept Him connected to the Father and living at a healthy pace.

- He took time to rest and retreat.
- He spent time with people and celebrated.

Jesus embraced rhythms that kept Him connected to the Father and living at a healthy pace.

- He took time to rest and retreat.
- He spent time with people and celebrated.
- **He maintained healthy boundaries.**



