



8/2/2026 | Samaritan Woman

Reflect + Discuss

- Share a memorable encounter you've had with a stranger or acquaintance. It could be lighthearted and fun, or something that deeply impacted you.
- John 4:10–14. When your soul feels "thirsty," what counterfeit "water sources" are you most tempted to turn to? What keeps us from turning to Jesus first?
- Both the woman and the disciples mistook Jesus' spiritual message for something physical. In what ways do you find yourself mistaking or lowering your expectations of what Jesus wants to offer you?
- Read John 4:19–26. The Samaritan woman was talking directly to Jesus without realizing who He was. Where might God be showing up in your life in ways you haven't fully recognized yet?
- Jesus met the Samaritan woman right at the center of her deepest pain and shame. What is an area of hurt or longing in your life where you need to experience His presence right now?
- The Samaritan woman could not contain her excitement about her encounter with Jesus. What is one way Christ has been at work in your life that you are excited to share with others?
- Jesus described doing God's will as His "food." Have you ever felt that unique sense of spiritual nourishment that comes from serving or sharing God's love? What was that like?
- Pastor Ben challenged us to slowing down—like skipping self-checkout to interact with a real person. What other practical steps might God be inviting you to take to become more attentive to the people He has placed in front of you? As you look ahead to August, which interactions do you want to approach more intentionally?

Pray

Pray that the Samaritan woman's encounter with Jesus would encourage us to seek His living water above all other alternatives for fulfillment the world offers. Pray that we would become more aware of the Lord's presence in our daily lives, so that we may taste and see His goodness. As we continue to reflect on this message, pray that we would respond to Christ's initiative in meeting us by taking the same initiative to reach out to others and introduce them to Jesus, so that they too may drink from the Living Water.

Next Steps

Check out the [resources page](#) for links to several Bible reading plans and other helpful tools. Explore other opportunities for growth and transformation by checking out [courses](#).