



10/4/2026 | What about My Disappointment with God?

Reflect + Discussion

- What's a fall activity that you enjoy?
- Pastor Matt said, "Disappointment with God doesn't mean your faith is failing." Why do you think we often hesitate or hold back from expressing disappointment or anger to God? What makes us feel like being disappointed in God is a sign of weak faith?
- Read Psalm 34:18. How would you describe the difference between feeling *disappointed* and feeling *devastated*? Why is that distinction important? When facing unexpected pain, many of us have asked, "God, how could you let this happen?" What can help us navigate those moments without losing hope?
- Read Matthew 11:4-11. Pastor Matt pointed out that in this passage, John the Baptist experiences doubt/disappointment, yet Jesus speaks of him with immense love and respect. How does knowing that God holds both our disappointment and His love for us at the same time change how you approach Him?
- Can you think of a time someone mourned with you? How can we care for others who are going through a difficulty with these without slapping a Christian cliché on someone's pain?
- Read 2 Corinthians 1:3-4. Do you feel like you can go to God with your rawest feelings like disappointment? How can it encourage us to know that God fully understands our disappointments? Have you ever found that you're able to care for others more deeply because of something you've walked through yourself?
- Is there anything you're currently walking through—or carrying quietly—that this group can support and pray for this week?

Pray

Pray that we would experience God's unconditional love for us. Pray that as we would grow in understanding and embracing his vision for our lives. Pray that we would experience comfort to know that God loves us completely and we don't have to hold back our disappointments. Pray that as we reflect on this message, the Holy Spirit will continue to be transform us more into the image of Jesus.

Next Steps

Check out the resources page for links to several Bible reading plans and other helpful tools. Explore other opportunities for growth and transformation by checking out courses.