FAQs

Who is Thrive for?

Thrive is for everyone, whether you've experienced significant loss yourself, or are walking through hard things with friends. It's also a space for any of us to slow down and take care of our minds and bodies together. We hope any student will find ways that they can Thrive at this event!

What can I expect from Thrive?

We're planning to hear from a mental health expert about how we can talk about grief and sadness, as well as how to walk with friends through those things. We'll also talk about how to hold space for both grief and joy at the same time, as those two things can coexist, even though it's hard.

We'll also get to hear from a variety of panelists about this has practically looked in their lives during our Q&A time where students will have the chance to ask questions on the topic.

Thrive will also be an opportunity to practice rest and seeking peace in a variety of ways through optional stations throughout the afternoon (and you can find some time to study too if you want). Feel free to bring your homework!

Can I invite a friend?

Yes! Whether your friend is a part of Blackhawk or not, they are invited. If your friend is not a Christian, that's cool too! Just be honest with them that our community always looks to Jesus for truth and life. So, as long as they're open-minded to that perspective, let's goooooo!

Will there be food?

Yes! We'll have lunch together catered by Chipotle as well as plenty of tea, hot chocolate, donuts, fruit and ice cream.